



SINGAPORE GENERAL HOSPITAL (SGH) SPINE TEAM

In the dynamic landscape of medical advancements, the Singapore General Hospital (SGH) Spine Team has emerged as a beacon of excellence through recent successes at prominent conferences and cadaveric workshops. In recent months, the team has presented ground-breaking research findings and pioneered surgical techniques. Their contributions have not only expanded the boundaries of spinal treatment but have also positioned SGH as a global leader in the field.

CADAVERIC WORKSHOPS

In addition to conferences, the SGH Spine Team is actively involved in both planning and conducting cadaveric workshops. Cadaveric workshops provide a platform for hands-on learning and knowledge exchange and allowing surgeons worldwide to hone their skills and familiarise themselves with the latest advancements in spinal surgery after a comprehensive understanding of cutting-edge instrumentation methods. Attendees report having gained invaluable insights into enhancing surgical precision and optimising patient outcomes.



Dr Jiang Lei demonstrating the finer points in Minimally Invasive Spine Surgery for the lumbar spine surgery



Associate Professor Dr Reuben Soh leading a cadaveric cervical corpectomy course for junior spine surgeons

GUEST LECTURES

Bringing education closer to home, the SGH Spine Team also invites distinguished foreign surgeons to give guest lectures within SGH herself to enrich the team as well as our junior doctors and allied health professionals involved in spinal care. These events broaden our horizons and allow informal networking to establish ties with international faculty.



Professor Hamid Hassanzadeh, Division Chief of Orthopaedic Surgery, Johns Hopkins Orthopaedic Surgery, giving a lecture on Spinal Deformity Surgery in Elderly patients at the SGH Ward 75 Conference Room.





Social Networking amongst the Scoliosis Research Society, Senior Travelling Fellows at Gardens By the Bay and ending off with a Satay dinner.



Dr Ng Yeong Huei Hosting Professor Satoshi Kato, Kanazawa University Department of Orthopaedic Surgery

LEGACY OF EXCELLENCE

SGH Spine Team is also dedicated to nurturing the next generation of medical professionals by supporting junior doctors in presenting research findings at medical conferences. Recognising the pivotal role of research in advancing spinal surgery, senior members of the team actively mentor junior doctors, guiding them through every step of the research process, from hypothesis formulation to data analysis.

Through regular meetings, and one-on-one sessions, junior doctors receive invaluable insights and feedback, honing their presentation skills and refining their research methodologies. Moreover, the SGH Spine Team fosters a culture of collaboration and encouragement, providing junior doctors with opportunities to co-author papers and collaborate on research projects, thereby instilling confidence and empowering them to share their findings with the global medical community at conferences. By nurturing a supportive environment that prioritizes education and professional development, the SGH Spine Team ensures that the legacy of excellence in spinal surgery continues to thrive for generations to come.



Dr Cassie Yang, presenting a free paper to a packed audience at the ASSNCON'23, Nepal



Dr Ngho Xian Jun, participating in a lively free paper discussion at the ASSNCON'23, Nepal



Dr Lim Kia Teng presenting an oral presentation at the prestigious Global Spine Congress in Prague

This article was contributed by **Dr Ou Yang Youheng**. Dr Ou Yang is currently a Consultant Orthopaedic Surgeon at Singapore General Hospital, specialising in spine surgery.